

## IMPORTANT PRE-OP INSTRUCTIONS REGARDING YOUR ANESTHESIA

For your safety it is important that you read and follow the instructions carefully. If you are unclear about anything, please ask your doctor.

**For all surgery, please wear comfortable, loose-fitting clothing and flat shoes. Tops/shirts should have short sleeves. Please remove all jewelry including rings, earrings, necklaces, bracelets, watches, etc. Remove nail polish and long acrylic nails before surgery. Please do not wear contact lenses, make-up (including eye liner & mascara) or perfume. All Males need to shave any existing beard. All smoking is to be avoided for at least two weeks prior to any surgical procedure.**

**LOCAL ANESTHESIA** will produce a numb feeling in the area being operated on but will permit a feeling of pressure during surgery. You will be awake and recall the surgery, but there should be no significant discomfort.

1. Have a light meal a few hours prior to surgery.
2. For more extensive procedures you may wish to have someone drive you home.
3. Plan to rest for a few hours after surgery.

### **OTHER SPECIAL INSTRUCTIONS:**

If you prefer to listen to your own music, feel free to bring an IPOD or other music player with small earphones (not recommended with general anesthesia). *Our goal is to provide you with a safe, pleasant and effective anesthetic. In order to do this it is imperative that we have your full cooperation. Please feel free to ask or call about any questions concerning your surgery or anesthetic.*